

## The 3 Rib Cowl

This pattern for a cowl knitted in the round is suitable for confident beginners and the instructions and guidance in this pattern have been written with them in mind.

Using the yarn I've specified makes a really lovely soft and warm, but still light and airy, floppy cowl that you can arrange in a variety of ways. I must tell you up front though, it isn't an exciting piece to knit! It is a very simple mindless knit and very repetitive, but it does make a lovely cowl that will keep you super warm and give you something to do with your hands while watching TV...

Sadly, the Rowan Kidsilk Haze Trio yarn that I used to make The 3 Rib Cowl has been discontinued, so unless you stashed some, or can grab some on sale before it's all gone (quick!), you'll need to find a substitute. The Kidsilk Haze Trio yarn is a blended 70% Super Kid Mohair and 30% Silk yarn and 1 ball weighing 1.75oz (50g) yields a yarn length of 153yds (140m). It knits to a tension of 17 stitches, 20 rows to 4 inches / 10cm. Check out the Yarn Sub site for [alternatives](#).

The instructions in this pattern should create a cowl that measures:

Depth from neck to bottom edge measured through the centre of 11 inches or 28cm

Circumference measured flat of 33 inches / 84cm

### What you need to make The 3 Rib Cowl:

1. 5.5 and 6mm circular needles or set of double point knitting needles
2. 1.5 balls of Rowan Kidsilk Haze Trio yarn (exact weight requirement of this yarn is 70g)
3. A stitch marker and a tapestry needle for weaving in the ends



### The stitches and techniques

This pattern is made up of 2 stitches: knit and purl.

The main technique is knitting in the round although there are a couple of particular knitting in the round techniques that it would be useful to know, which will make your finished cowl look that much better: 1) [the invisible join in the round](#) and 2) [how to neaten the join when casting off in the round](#). Click the links to go to a couple of excellent YouTube videos I've found that show you how to use these techniques.

You'll also need to know how to do a [long tail cast on](#) and simple [cast off in pattern](#).

### Pattern abbreviations

The pattern uses no real abbreviations as the instructions are very straightforward.

### Note

When on the needles using this yarn, the cowl will look pretty skinny – don't be fooled, it will look bigger and floppier once you cast off!

### Pattern instructions:

Using a long tail cast on to give a nice elastic edge, cast on 144 stitches and join to work in the round (if you're using the invisible join in the round technique I mentioned on the previous page, you'll need 1 more stitch to do this, so cast on 145).

### *Main body*

Place a stitch marker to remember where your starting point is and knit 3, purl 3 all around until you come back to the stitch marker. Repeat this same 3 rib pattern repeat throughout, working in a new ball of yarn when needed, until your work measures 11 inches from the cast on edge.

### *Cast off*

Change to 6mm needles for the cast off and don't work too tightly, which will ensure you get a nice floppy edge. Cast off in pattern and when you get to the last stitch, pass the yarn through as usual then thread it onto a tapestry needle and use the technique I linked to on the previous page to get a very tidy finish.

### *Finishing*

To finish off your cowl, I'd recommend 3 more steps:

- Thread your yarn ends onto a darning needle and [weave them into the knitted fabric](#)
- Using a matching cotton sewing thread, work a dozen (very neat!) stitches or so over the last few weaving in stitches you made to really secure the ends before trimming the end off with sharp scissors. This isn't absolutely necessary but is something I like to do
- I usually press my knits with a steam iron and pressing cloth but, in this case, don't – you don't want to squash the lovely fluffy stitches / rib pattern you've created!