



# SOFT AS MOSS SHRUG

## *Materials Needed:*

- ~ Yarn : 450 yards worsted weight yarn  
Premier Deborah Norville  
Alpaca Dance
- ~ Hooks: J / 6.0mm, K / 6.5mm
- ~ Stitch markers
- ~ Yarn Needle

## *Abbreviations:*

In American crochet terms

SL ST(S).....slip stitch(es)  
SC.....single rochet  
CH.....chain  
BLO.....back loop only  
SK.....skip  
RND.....round

*Gauge:* 2x[sc, ch1] by 3 rows = 1 inch

## *Sizing:*

Total width measures approx 27 inches from cuff to cuff. Length/Sleeve size is made to your measurements.

## *Pattern Notes:*

Shrug is first worked in rows, then joined to make sleeves and worked in rounds to create a collar and a little extra length.

## *Special Technique:*

BLO Slip Stitches. If this technique is new to you, see helpful tips on last page.



# DIRECTIONS:

FOUNDATION: ch 102

ROW 1: starting in 2nd ch from hook, 10 sl st in BLO, [sc, ch 1, skip next 1 ch] x 40, sc in next st, 10 sl st in BLO, ch 1, turn. (101 sts)

ROW 2: 10 sl st in BLO, [sc, ch 1, skip next ch 1] x 40, sc in next st, 10 sl st in BLO, ch 1, turn. (101 sts)

Repeat row 2 until piece measures desired length: measure the circumference of your upper arm. At the very shortest you want the cuff to measure 1 inch less than this measurement. However you may make the cuffs/sleeves as loose as you like. After joining the sleeves you may want to slip the shrug on to make sure the fit is correct.

ROW to join sleeves: bring first and last rows together, sl st first 14 sts together to join, drop starting chain side of piece and continue working across last row only, [sc, ch 1, skip next ch 1] x 36, sc in next st, join last 14 sts of first and last rows as you did at the start of this row, ch 1, turn.

You are now going to work in joined rounds, turning at the end of each round so they are worked in opposite directions.



RND 1: Sl st back across 14 joining sts (these sts do not count in round). Ch 1, continue across current row leaving starting chain side unworked, sc in first sc (Mark this stitch. This is the first stitch of round and will be the first st of every round no matter which direction you are working), [ch 1, sk next 1 ch, sc in next st] x 36, ch 1, rotate so you are working in the other side in a continuous round (jump to starting chain and work into base of ROW 1), [sc in next sc, ch 1, sk next ch 1] x 37, sl st to first sc of row to join, ch 1, turn. (148 sts)

NOTE: If you end up with a space that's slightly too big between the last sc and the joining sc at the end of each row, consider omitting the last ch 1 before the join. Count the space as a ch 1 space.





## DIRECTIONS CONTINUED:

RND 2: Sc in same st as join, [ch 1, sk ch 1, sc in next sc] x 15, sl st in BLO next 15 sts, [Sc in next st, ch 1, sk ch 1] x 51, sl st to first sc to join, ch 1, turn. (148 sts)

RND 3: Sc into same st as join, [ch 1, sk ch 1, sc in next sc] x 49, sl st in BLO next 23 sts, [sc in next sc, ch 1, sk ch 1] x 13, sl st to join, ch 1, turn. (148 sts)

RND 4: Sc into same st as join, [ch 1, sk ch 1, sc in next sc] x 11, sl st in BLO next 31 sts, [sc in next sc, ch 1, sk ch 1] x 47, sl st to join, ch 1, turn. (148 sts)

RND 5: Sc into same st as join, [ch 1, sk ch 1, sc in next sc] x 45, sl st in BLO in next 39 sts, [sc in next sc, ch 1, sk ch 1] x 9, sl st to join, ch 1, turn. (148 sts)

RND 6: Sc into same st as join, [ch 1, sk ch 1, sc in next sc] x 7, sl st in BLO next 47 sts, [sc in next sc, ch 1, sk ch 1] x 43, sl st to join, ch 1, turn. (148 sts)

RND 7: Sc into same st as join, [ch 1, sk ch 1, sc in next sc] x 41, sl st in BLO next 55 sts, [sc in next sc, ch 1, sk ch 1] x 5, sl st to join, ch 1, turn. (148 sts)

RND 8: Sc into same st as join, [ch 1, sk ch 1, sc in next sc] x 3, sl st in BLO next 63 sts, [sc in next sc, ch 1, sk ch 1] x 39, sl st to join, ch 1, turn. (148 sts)

RND 9 – 10: Switch to K hook, sl st in BLO in each st, (be sure to keep these sts loose as they may make the shrug too tight to pull on or off), sl st to join, turn. (148 sts)

Fasten off and weave in ends.

**Optional:** You may add a finishing round to the cuffs of the sleeves if you choose, but be careful to keep these sts loose as it can make the sleeves less stretchy: Attach yarn at seam of sleeve cuff, sc between each rib, sl st to join and fasten off. Repeat on other sleeve.



## *Back Loop Only (BLO) Slip Stitches:*

- ~ As you can guess, these stitches are not worked in both loops as usual, but rather the back loop only.
- ~ Try to use a yarn that is wool or a wool blend as it will have a little more elasticity than other yarns.
- ~ Keep your stitches loose. It takes a little while to find the proper tension.
- ~ Use a hook with a good point rather than a rounded end.
- ~ Count your stitches carefully.
- ~ Try a hook larger than suggested in the pattern.
- ~ Consider marking the first stitch of a row with a stitch marker. It will make it easier to find on your next pass. This is especially helpful on patterns that also use short rows since you may not come back to some of these stitches for a number of rows.
- ~ If you are having trouble getting the hook into the last stitch of a row, or are missing it completely, pay attention to which way you turn your work. Using your hook as an anchor, turning your work counterclockwise will open up the last stitch making it easier to catch with your hook on the next pass. However, turning your work clockwise will give a neater, more professional look to the edge of your work.



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